



# Day in the Life | Desk-bound Concentrative

Time	Text on screen
8:48 AM	Ellen arrives to work and settles in to her desk.
10:00 AM	Ellen has a scheduled check-in with her manager. She uses her headset and takes the short call from her desk.
11:23 AM	Ellen continues her work and sends an IM to Jim to arrange a time to pick up a Purchase Order after lunch.
12:33 PM	Ellen goes to the break room to grab her lunch. Then she picks up the PO at Jim's desk.
1:40 PM	Ellen calls the file room to schedule a pick-up.
2:19 PM	Ellen continues her work at her desk using the files she collected. She uses the extra work surface to spread out the multiple files she's working with.
4:30 PM	Ellen receives a personal call so she moves to the quiet room to avoid disturbing her neighbors..
5:05 PM	Ellen continues her work, reading through more of the files.
6:00 PM	Ellen is packing up to head home. Jim catches her before she heads out and drops off the proposal she needed.