

Internally-Mobile, Interactive Work Pattern

If you spend less than ¼ of your working hours outside the office and less than ¾ of the working hours at your own desk, then you have an internally-mobile work pattern. Having an interactive work pattern means that more than half of the time you spend at your own desk is taken up by talking to others either on the phone or in-person.

Project managers, client managers, designers, and some engineers often have this work pattern.

Workplace attributes that are usually desirable to people with this work pattern include:

- Access to a variety of work settings for a broad range of activities—spaces for both ad hoc and scheduled meetings, place for conference calls, a quiet environment when concentration is needed
- Visual access across the work space to know who is where and what is taking place
- Being able to interact with one or two persons at desk meetings or working side-by-side
- Comfortable furniture and lighting at desk for working a long stretch of time
- Access to natural light and outside views from individual workspaces
- Work surface and storage at desk for frequently accessed paper documents
- Mobile technology and infrastructure for working anywhere in the office—laptops, VOIP phones, power and data outlets, etc.

